



Susquenango SeaChest



Monthly Publication



October 2026

Volume 71 Issue 10

District 6

Susquenango Happenings

See On the Horizon Page 3

Did You Know?



HE BUILT IT FROM WORLD WAR II SCRAP METAL. ONE MAN. 15 MINUTES. WHAT USED TO TAKE FIVE MEN AND 90 MINUTES. BY 1949, THE PROTOTYPE WAS READY. THE ICE CAME OUT FLAWLESS. HIS NAME BECAME THE MACHINE. EVERY NHL GAME STILL DEPENDS ON IT.

Frank Zamboni watched five men spend 90 minutes scraping and flooding his ice rink, over and over.

Customers grew impatient. Revenue dried up.

The machine he needed simply didn't exist, so in 1949 he built one from World War II scrap metal, bomber parts, and jeep engines.

Fifteen minutes. That's all his invention needed to do what had taken five men nearly two hours.

The ice came out flawless every time. His name became synonymous with the machine itself, and today, every NHL game you've ever watched depends on what one man refused to accept as impossible.



P/D/Lt/C John Young, AP
Editor Emeritus





SeaChest

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Commander's Comments

What a wonderful time we had at our Mini Rendezvous in Cooperstown! The weather was perfect and we all enjoyed the boat tour and lunch. Coincidentally, it was your Commander's birthday and I enjoyed celebrating with our Squadron friends. Thanks, PDC Nancy Bieber P, for arranging the event.

Our meeting on 16 September was well attended and we all enjoyed our time at Denny's. Food was delicious and the service impeccable! We will definitely go back in the future.

Our next regular monthly meeting is scheduled for 21 October at Chef Stanley's in Apalachin...one of our favorite spots. Please contact Linda ASAP with your reservation. In looking at my October article from last year, I was seeking a supply officer. So far no one has come forth. I still have all the things at my house, but would really like to move them out. Please contact me for more information about this position.

Also, don't forget Boscov's Friends Helping Friends on the same day as our meeting. I had shopping passes with me at the September meeting. If anyone would like them that wasn't in attendance, please contact me or find our table at the event.

At the last meeting, Linda and I asked for suggestions for our 18 November meeting location. It was decided to go to Little Venice – always a good choice.

The next District 6 event will be held on 17 October at the Cavalry Club in Manlius, NY. This is a one day event. Check your email for information. Reservation deadline is 1 October.

It's hard to believe our boating season is coming to an end. As we put the boats away, our minds will already be thinking of next summer! Enjoy the fall colors and be safe.



All members are encouraged to attend any and all of our meetings and events.

And remember...



"Home is Where the Anchor Drops".

Commander Mary



On The Horizon

21 October 2026—Squadron General Membership Meeting
Chef Stanley's—7664 NY-434 Aplachin NY 13732.
Meeting will be held at 5:30 PM followed by dinner.
Contact Linda Rought, P @ (607)760-6388 if planning on attending.

17 October 2026—District 6 Fall Conference
Cavalry Club, 4801 Troop K Rd, Manlius, NY 13104
This is a one day event. Contact Ann Smith (607) 240-6705 if planning on attending.

12 December 2026—12 PM, Holiday Gathering -
Trailside Inn, 2 Pumphouse Rd, Vestal, NY 13850
Contact Linda Rought, P @ (607)760-6388 if planning on attending.



Boscov's Friends Helping Friends

Once again this year we will be participating in Boscov's Friends Helping Friends which will be held on 21 October.

Twenty five percent off shopping passes are available please contact Cmd. Mary to get your passes or pick them up at our Sept. meeting.

Remember for each pass sold, the squadron receives \$5.00. It's an easy way to boost our coffers – everyone loves to shop and you can even shop online this year!

Susquenago Sail and Power Squadron Glimmerglass Rendezvous





Did You Know?



19 years old. 1941. Betty White drove a PX truck to coastal gun emplacements. Her shoulder bag held 29 military pins, gas ration stamps, blank V-mail, and an AWVS compact. The Smithsonian uncovered it after her 2021 death.

She backed the PX truck away from a coastal gun emplacement as the sun dipped low.

At 19 Betty White had paused her acting dreams to join the American Women's Voluntary Services. What she kept while delivering soap and candy would become a time capsule decades later.

When her estate donated the bag in 2021 the small objects inside rewrote a corner of home front history and remind us why ordinary choices matter today.

Daytime duty meant driving a PX truck along California coastlines, delivering essentials like soap, candy, and coffee to gun emplacements. Evenings were for dances and shows meant to lift the troops' spirits.

The USS R-14 submarine was 100 miles from Hawaii when its engines went silent.

No fuel. No rescue ships nearby. No options—or so it seemed.

Then the crew did something no submariner had ever attempted. They tore down blankets and hammocks, rigged them to the periscope, and turned their steel hull into a sailing vessel.

For five days in 1921, they caught the wind and rode it home, defying every law of naval engineering and proving that desperation breeds the kind of ingenuity that changes history.



USS R-14 SUBMARINE RAN OUT OF FUEL 100 MILES FROM HAWAII IN 1921. CREW MADE **SAILS** FROM BLANKETS AND HAMMOCKS, RIGGED THEM TO THE PERISCOPE, AND **SAILED** THE SUBMARINE HOME USING ONLY WIND POWER OVER 5 DAYS

October Recipe—Stuffed Zucchini

Submitted by: Sue Dunlap



Stuffed Zucchini

Ingredients

- 6 medium zucchini (about 3 lb.)
- 3 Tbsp. olive oil, divided
- 1 lb. mild or spicy Italian sausage
- 1 small red bell pepper, diced
- 2 cloves garlic, minced
- 1/4 tsp. crushed red pepper flakes (optional)
- 1/2 tsp. kosher salt
- 1 tsp. chopped fresh oregano, plus more for serving
- 2 Tbsp. chopped fresh basil, plus more for serving
- 2 cups marinara sauce
- 1 cup shredded mozzarella cheese
- 1/2 cup grated parmesan cheese, divided
- 1/2 cup panko breadcrumbs

Directions

1. Preheat the oven to 425°F.
2. Halve the zucchini lengthwise. Use a spoon to scoop out the interior of the zucchini (reserving the flesh), leaving about a 1/4-inch-thick border around the edges. Arrange the zucchini boats on a parchment-lined, rimmed baking sheet.
3. Chop the reserved zucchini flesh and set aside. Heat 2 tablespoons of the oil in a large skillet over medium-high heat. Add the sausage and cook, stirring to break up the sausage, until browned and crumbly, about 6 minutes. Add the chopped zucchini flesh, red bell pepper, garlic, red pepper flakes, and salt. Cook until the vegetables have softened, about 5 minutes. Remove the skillet from the heat. Stir in the oregano, basil, and marinara. Let cool 5 minutes. Stir in the mozzarella and 1/4 cup of parmesan.
4. Divide the filling mixture evenly among the zucchini shells. Stir together the panko breadcrumbs, remaining 1/4 cup parmesan, and remaining 1 tablespoon olive oil in a small bowl. Sprinkle evenly on top of each stuffed zucchini.
5. Bake on the middle rack of the oven until the breadcrumbs are golden brown, cheese is melted, and zucchini is tender, about 20 minutes. Serve with additional chopped fresh herbs.

Libation of the Month—Apple Cider Vodka Crush

by  [Paul Kushner](#)



Why You'll Love This

This cocktail keeps things simple while still giving you a strong fall flavor. Apple cider and cinnamon bring the seasonal notes, and ginger ale keeps the drink light and bubbly.

- **It takes only a few minutes to make.** Everything goes straight into the serving glass.
- **No shaker is needed.** That means less cleanup and less prep.
- **Apple cider does most of the flavor work.** You get a full apple profile without needing extra liqueurs or syrups.
- **Ginger ale adds fizz.** It also brings a little sweetness and spice.
- **Crushed ice keeps it refreshing.** The texture makes it feel lighter than many fall drinks.
- **The garnish fits the season.** Apple, cinnamon, and a cinnamon stick make the glass look finished with very little effort.

Useful equipment includes:

Bar Spoon

Rocks Glass

Measuring Jigger

Ice scoop

Small knife

Cutting board

Crisp apple cider and fizzy ginger ale make the Apple Cider Vodka Crush one of those fall cocktails that feels seasonal without being heavy. Vodka keeps the base simple, while crushed ice makes the drink cold and easy to sip. A Honeycrisp apple slice, cinnamon stick, and light sprinkle of cinnamon finish it with familiar autumn flavor.

What I like about this drink is how quickly it comes together. There is no shaker, no syrup to make, and no long ingredient list. You pour everything over crushed ice, stir, garnish, and serve. The apple cider gives the cocktail its main flavor, while ginger ale adds sweetness and a gentle spicy note. This Apple Cider Vodka Crush works well for fall dinners, Friendsgiving, Thanksgiving, Halloween parties, game nights, or a quiet evening at home.

Ingredients

Each ingredient has a clear role in this Apple Cider Vodka Crush. Apple cider provides the main fruit flavor, ginger ale adds bubbles, and vodka gives the cocktail structure without covering up the cider.

- 3 ounces apple cider
- 2 ounces ginger ale
- 1 ounce vodka
- 1 apple honeycrisp, slice for garnish
- 1 cinnamon stick for garnish
- [cinnamon](#) dash, for sprinkling



“You got it - one ‘Fuzzy Navel’ coming right up.”

From:
by land or by sea
Cuisine of the United
States Power Squadrons

Call me a traditionalist, but I prefer
my cranberry in its natural state, in
the shape a of a can of dog food.



Cranberry Apple Casserole

- | | |
|---|---|
| 3 cups peeled and chopped apples | 1 cup sugar |
| 2 cups fresh cranberries | 3 packages instant cinnamon spice oatmeal |
| ½ cup plus 2 tablespoons all-purpose flour, divided | ¾ cup chopped pecans |
| | ½ cup packed brown sugar |
| | 1 stick butter, melted |

Combine apples, cranberries and 2 tablespoons flour. Toss to coat. Stir in sugar. Pour mixture into a 2-quart casserole dish. Combine oatmeal, pecans, ½ cup flour, brown sugar and butter. Mix well. Spoon over fruit mixture. Bake, uncovered, at 350 degrees 45 minutes.

Yield: 6 servings

Beth Cummins • Winston-Salem Power Squadron • North Carolina

District 6 Events and Schedule



AMERICA'S BOATING CLUB
UNITED STATES POWER SQUADRONS

[CENTRAL AND WESTERN NEW YORK REGION](#)

SAVE THE DATE

District 6 Fall Conference
Saturday, October 17, 2026
Cavalry Club
Manlius, NY

Hope to see you there!

Ann Smith, Conference Committee
Chairperson

Safety

Stand-up paddleboard safety

COMPASS



As stand-up paddleboarding has become more common in crowded harbors, busy waterfronts and other navigable waterways, sharing the water with both recreational boats and commercial vessels requires paddlers to up their safety game.

When is a paddleboard a boat? According to the U.S. Coast Guard, a SUP is a vessel and, as such, has certain boating responsibilities. Paddlers should follow all local navigation rules and use common sense when paddling around other vessels that may not be as maneuverable or are restricted by their draft or size. Generally, a paddleboard can stop and turn more easily than larger craft, which take time and distance to stop. Typically, paddlers are safer passing astern of other vessels and letting them cross in front. Try to avoid heavy boat traffic and pick a route away from congestion.

Practice defensive paddling. Defensive paddling means preventing collisions and mishaps despite the actions of others around you. Remember, boats can travel faster and carry a large wake. Some boats have awkward blind spots that prevent good visibility at certain trim angles, so don't assume a boater can see you, especially at dawn or dusk. Wear bright colors and wear your life jacket with a whistle attached. In narrow channels stay as far right as possible and avoid crossing busy lanes. If you must, cross perpendicular to the lane to get across quickly. If in a group, cross in a compact unit; spreading out in a line like a bunch of baby ducks hinders traffic and increases the chance for a collision.

Don't leave home without a PFD. A life jacket is the minimum required safety gear, but it only works if you wear it. Don't leave it strapped to the board. If you're concerned about comfort, take a look at high-tech, low-maintenance belt-pack inflatables or the newest vest designs that offer complete freedom of movement. Add a whistle; it beats yelling at the top of your lungs. Avoid paddling at night, but if you must, show a white light in sufficient time to avoid a collision. A flashlight or headlamp meets this requirement; a glow stick does not. And finally, wear a safety leash to prevent a potentially dangerous separation from your board. —*BoatUS*

Paddle boating in a thunderstorm

COMPASS

August 15, 2024

All paddlers should prepare for the possibility of paddle boating in a thunderstorm. A pop-up thunderstorm can occur with little notice, so as a paddler, you need to plan for the potential of [quickly changing conditions](#).

As part of your planning, familiarize yourself with the area you will be boating in by identifying potential safe havens and exit points along your route. Always have a plan for getting back to shore safely. Know where you can exit the water in case of an emergency.

If you're caught in a storm, you should consider two principal threats:

1. Open waters where the winds can whip up significant waves quickly as well as small rivers and creeks with effectively no fetch.

The risk of lightning strikes.

What to do in open waters

The sea state could easily be far more hazardous than lightning. You need to consider headwinds, tailwinds, and crosswinds. As wind speed increases and becomes gusty, wave conditions become confused and not aligned with wind. Even so, you need to be aware of approaching waves, following waves and cross waves. Avoid being parallel to high waves. Instead, paddle at a 45-degree angle. This may mean zigzagging instead of paddling a straight line.

Stowing your paddle means that you have no control, and you will end up lying ahull to the waves, which could quickly lead to capsizing. It would be best to maintain steerage and head for the most easily reached sheltered area along shore. This probably means turning downwind in most conditions. Holding a kayak steady in following seas is tricky but doable. If upwind paddling is necessary, changing the offset of a kayak paddle's blades is helpful. This means that the up direction of the two blades is different, possibly by as much as 60 degrees. All but the cheapest paddles are capable of this adjustment. Removing windage aloft by taking down fishing poles is a good idea. The number one priority is wearing a life jacket. Next, secure any loose gear.

If you are on a paddleboard, you need to get down to a kneeling position to keep better balance. If you do fall into the water, you will want to be wearing a high-quality leash. For other craft, keep your weight low and centered. Beach your craft in a sheltered area, such as the lee side of a point, not a shore being battered with waves. As you approach the shore, beware of boulders and fallen trees.

Continued Page 12

What to do with flash flooding

Where there aren't going to be large waves developing, consider the dangers of flash flooding. The shore might be less safe than the river, especially if the banks are forested. One option is simply to head for the takeout point as quickly as possible. Another option is to find a safe place on shore to wait it out. Which one works depends on whether there are places to get off the water and whether they are safe.

Lightning safety strategies

Once on shore, find physical shelter in a building or automobile if you can. If not, seek a low-lying area away from tall trees, metal objects, and open fields. If you can't find natural shelter, crouch down with your feet together, minimizing your contact with the ground to reduce the risk of a lightning strike. Do not lie flat on the ground.

If you can't reach shore, position yourself low in the kayak to reduce your profile. If necessary, use your paddle to keep your craft upright in the wind and waves. Otherwise, stow your paddle and other metal objects including fishing rods. Paddles made with carbon fiber are also conductive.

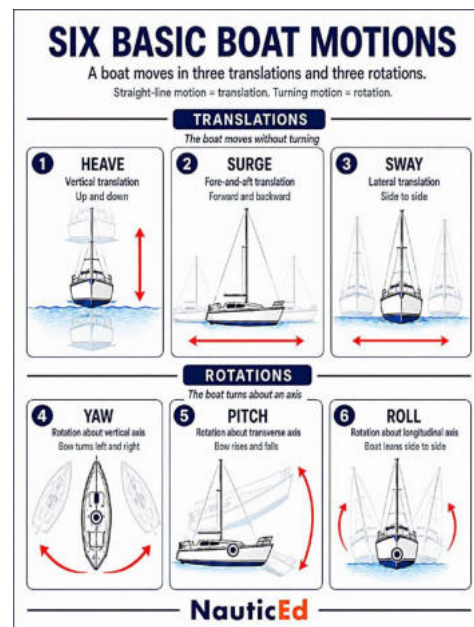
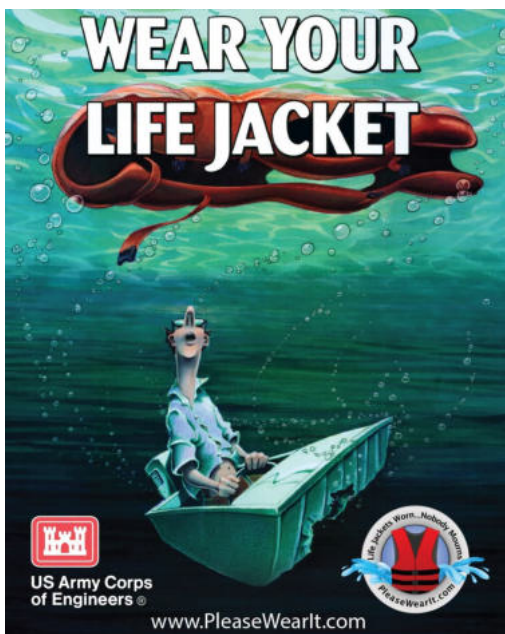
Keep calm and try to ride out the storm. Do not lie down. You want the least amount of your body touching your watercraft as possible. If you have an extra life jacket or inflatable cushion, sit on that. If you are in a canoe, go down on your knees. Stow your gear so the vessel is properly trimmed. Keep your paddle in the water, as that provides stability if it is not conductive.

If you are with other boaters, separate the boats at least 50 to 100 feet apart so one strike will not affect a large group at the same time.

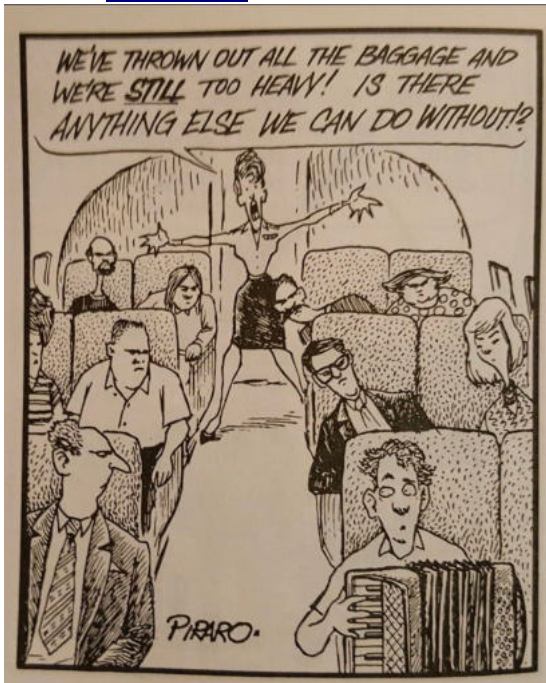
After the storm

Once the storm has passed, assess your situation. Check for any injuries, and ensure your craft and gear are intact. If needed, signal for help using your whistle or communication device.

Paddle boating is fun, but it's important to be aware of your environment and prepare for all eventualities. —Lisa Shier, member of Huntsville Sail & Power Squadron and the Navigation Committee



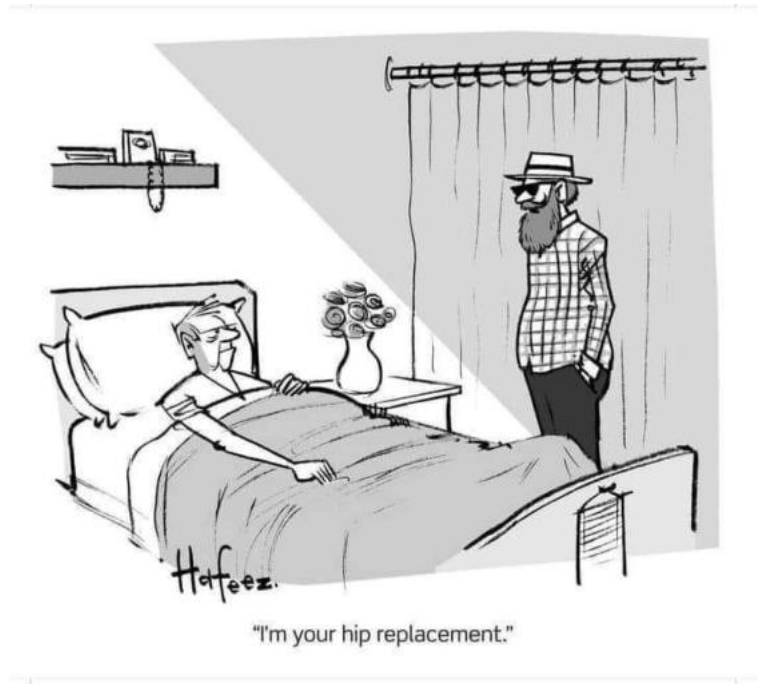
OCTOBER
TOONS



Cop: what's in the bottle?
Lady: just some water
Cop: ma'am that's wine.
Lady: OMG.jesus did it again.



FOR MANY YEARS FRED'S SECRET SUNDAY AFTERNOON NAPS WENT UNDETECTED



me after I put the fitted sheet back on the bed



The owner that did this deserves a special place in hell.



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