



Susquenago  
**SeaChest**



Monthly Publication



March 2025

Volume 70 Issue 3

District 6

## Susquenago February Happenings

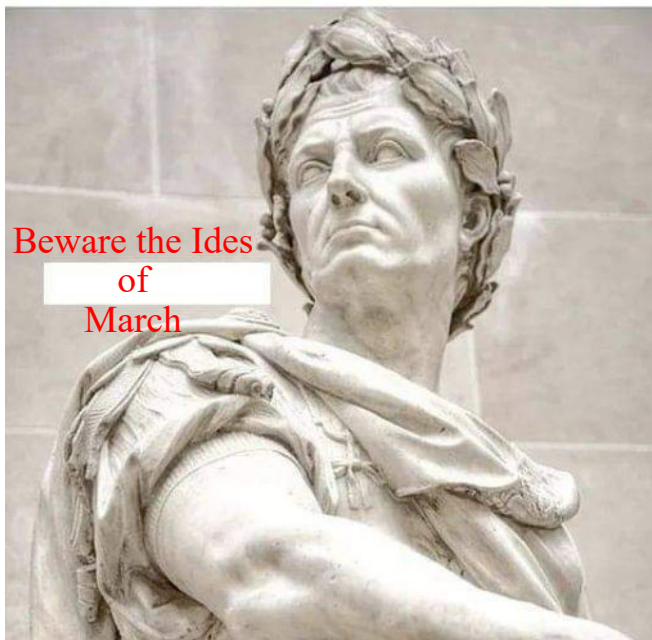
Contact Lt/C Linda Rought, P @ 607-760-6388

22 March 2025—Susquenago Change of Watch—Copper Top (TBD)

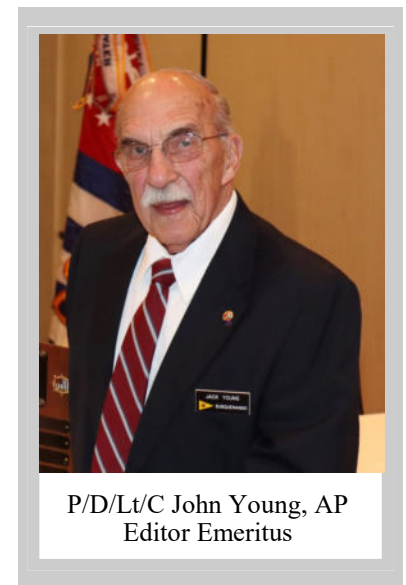
11–13 April 2024 District 6 Spring Conference:  
The Seasons Hampton Inn, Keuka Lake, Penn Yan, NY

16 April 2024 Squadron Meeting—TBD

**FUN FACT:** Records indicate that Julius Caesar never once said "thank you" in his life. This is most likely due to the fact that he couldn't speak English.



Beware the Ides  
of  
March



P/D/Lt/C John Young, AP  
Editor Emeritus



# SeaChest

Published Monthly by  
Susquenago Sail & Power Squadron Inc. a unit of the United States Power Squadrons



Any article appearing in this publication must be assumed to represent the opinion of the author and is not to be considered to reflect the policy of the USPS™, District 6, or Susquenago Sail & Power Squadron unless specifically so indicated.

All products, procedures, methods or practices described in this publication or at Squadron meetings or events are for informational purposes only and are not to be considered as accurate, recommended or endorsed by USPS™, District 6, or Susquenago Sail & Power Squadron unless specifically so indicated.

Address communications to **The Editors, 3801 Country Club Rd. Endwell, NY 13760-2510, (607)296-3482, e-mail - acciaim@stny.rr.com.** Material for a particular issue must be received before the fifteenth day of the prior month.

The following are registered trade marks of the United States Power Squadrons: **The Ensign; United States Power Squadrons; America's Boating Club; For Boaters by Boaters.**



**Commander**  
**Executive Officer**  
**Education Officer**  
**Adm. Officer**  
**Secretary**  
**Treasurer**  
**Executive Comm.**

Cdr Mary Kucharek, P  
P/C David Olds, AP  
D/Lt/C Leslie J. Smith, JN  
Lt/C Linda G. Rought, P  
D/1st Lt Peg Acciai, P  
P/D/C Nancy Bieber, P  
D/Lt/C Michael Acciai AP  
D/1st Lt Peg Acciai, P  
Lt Ronald Bieber, S,  
P/Lt/C Donna M. Gould

P/C Robert Gould, AP  
P/D/C William A. Herrick, JN  
Lt Robert Kucharek, P-IN  
P/Lt/C Margaret Olds, S  
P/Lt/C Anna M. Smith, P

**SeaChest**  
**Editors**

D/Lt/C Michael Acciai, AP  
D/1st Lt Peg Acciai, P

**Editor Emeritus** P/D/Lt/C John Young, AP  
**Photographer** P/C David Olds, AP

## Commander's Comments

Finally we are having more seasonable temperatures and peeks of sun every now and then. I've even seen a few robins hopping around. That's always a good sign that spring isn't far off. Let's get those boats ready!

Thanks to all who joined us for the February meeting at Chef Stanley's in Apalachin. It was a very nice experience. The food was good and the service exemplary. The room is a good size for our meetings. We will definitely go back. It was so nice to meet our newest member, Brian Gallagher and present him with his membership pin.

As you've already seen, I will be staying on as your Commander for another term. As I've said many times this is one of the best groups I have ever had the pleasure of leading. I am especially grateful to P/C Dave Olds AP and P/C Mike Acciai AP for their assistance. Not sure I could do it without them. I hope to see you at our Change of Watch on 22 March at Copper Top on the Vestal Parkway where the new and returning officers will be installed. Please make your reservations with Linda Rought ASAP.

The ABC class is underway with 39 students...one of our biggest classes in recent times. My sincere appreciation to SEO Les Smith, JN and Public Relations Chair, Lt. Ann Smith, S, for setting up the class and getting the word out. Les has become quite a TV star!

We are looking into a couple of possibilities for our summer rendezvous which will probably be held in August. If you have suggestions, please let me know.

Always remember... *"Home is Where the Anchor Drops"*.



*Commander Mary*







Commander Mary, P and Lt. Bob, P-IN  
Holding down the fort at the NYS Boat  
Show



Our Newest Member Brian Gallagher.  
Welcome Aboard!

### Susquenago Sail and Power Squadron Bridge and Members Conducting Business after dinner at Chef Stanly's



# Membership Involvement

## FREE ONLINE ADVENTURES

There are a couple Road Scholar free online lectures that may be of interest to our members. The first one is on Thursday, April 3<sup>rd</sup> at 2 P.M. Pulitzer Prize-winning historian Doris Kearns Goodwin will present Leadership in Turbulent Times where she provides perspective and hope from history for today's unprecedented challenges.

Another topic of interest is Into the Icy Deep – Marine Life, Sea Ice & Conservation. On April 22<sup>nd</sup> at 1 P.M. Join Amanda Hunter, marine biologist and polar guide, on a journey across the polar oceans in Celebration of Earth Day. Dive into the marine ecosystems of the Arctic and Antarctic to learn about plankton, seals and whales and the vital role of sea ice. Amanda will discuss the physical and chemical properties of polar waters and how they shape marine life.

The online lectures last for one hour and use Zoom Webinar. All you need is an internet connection and a PC. Go to Roadsolar.org, click on "Find a Trip", and in the Search box on the upper left enter "free online lectures." After creating an account you will be able to enroll in the program of your choice. You will receive a confirmation email when you enroll, and a reminder email one week and one day before, as well as the morning of the event with a link and instructions on how to tune in. While your picture will not be on screen, you will be able to ask questions using the Q&A box.

Everyone who is enrolled will receive access to the live event as well as a recording of the lectures that you can watch any time within the two weeks following the live event. Once you are on the Road Scholar website, you may find other lectures and/or trips of interest. So, check it out.

Nancy Bieber, Membership Involvement Chair

---

## Boating Safety Courses

taught by a certified instructor from



SUSQUENANGO SAIL & POWER SQUADRON

### **Boat Handling – March 31<sup>st</sup> – May 19<sup>th</sup>, 2025**

7 Monday Nights, 7:00 – 9:00 p.m. (NOTES: No class April 21<sup>st</sup> and final exam is on the last night)

\$120.00 (USPS non-member), \$76.00 (USPS member)

**This course is recommended for both power boaters and sailors who have completed the America's Boating Course, since it builds upon the basics taught in that course.** Students learn practical marlinespike (a.k.a. knots), navigation rules, hull design and performance, responsibilities of the skipper, boat care, operating a boat under normal and abnormal conditions, what to do in various emergencies and weather conditions, nautical customs and common courtesies on the water.

**Classes held at Johnson City High School, 666 Reynolds Rd., Johnson City, NY**

**FOR MORE INFORMATION OR TO REGISTER:**

**GO TO [www.susquenango.org](http://www.susquenango.org)**

**OR**

**CALL Les Smith at 607-797-7391**

# Second Notice

## Nominating Committee Report

26 January 2025

In accordance with the provisions of the Susquenango Sail & Power Squadron By-Laws, *Sections 5.5 & 6.8, and Article 11*, the Nominating Committee submits the following nominations for office for the 2025-2026 year:

### **Elected Executive Committee Members with voting privileges at all meetings**

#### **Squadron Bridge**

Commander

Executive Officer

Squadron Educational Officer

Administrative Officer

Treasurer

Secretary

Mary Kucharek, P

David Olds, AP

Leslie Smith, JN

Linda Rought, P

Nancy Bieber, P

Margaret Acciai, P

#### **Members at Large**

Michael Acciai, AP

Ronald Bieber, S

Donna Gould

Robert Gould, AP

William Herrick, JN

Robert Kucharek, P- IN

Margaret Olds, S

Anna Smith, P

### **Elected Officers and Committees (not part of the Executive Committee with no voting privileges at Executive meetings) \*(voting privilege as Member at Large or Bridge member)**

Asst. Squadron Education Officer

Asst. Secretary

Asst. Treasurer

Bill Herrick, JN \*

Margaret Olds, S \*

Justin Park, SN

#### **Bylaws and Rules Committee:**

David Olds, AP \*

Elizabeth "Jane" Park, S

#### **Auditing Committee:**

Carol Herz, S

Donna Gould \*

#### **Nominating Committee 2025-2026: Chair**

David Olds, AP \*

Robert Kucharek, P-IN \*

Each nominee has been personally contacted, made aware of the duties of the office and has accepted the nomination for that office.

Respectfully Submitted,

***John Parnica***

Chairman Nominating Committee

**\*All Squadron members may vote at General Membership Meetings**



## Radio speak for boaters

When speaking on [VHF](#) or SSB radio, use the phonetic alphabet (see below) to avoid mistakes caused by words, letters and numbers being distorted over the air. The phonetic terms below are internationally recognized. Speak slowly and clearly, emphasizing syllables when spelling out words or numbers. Use procedure words as shorthand for radio communication.

**Over:** Signifies that you have ended your transmission but expect a reply.

**Out:** Indicates that you have completed your communication.

**Roger:** Acknowledges that a message was received and understood.

**Affirmative:** Indicates agreement. Alternatively, say “yes.”

**Negative:** Indicates disagreement. Alternatively, say “no.”

**Say Again:** Requests the sender to repeat the last transmission.

PHONETIC ALPHABET INTERNATIONAL MORSE CODE					
A	ALPHA	· - -	N	NOVEMBER	- - ·
B	BRAVO	- · · · ·	O	OSCAR	- - - -
C	CHARLIE	- · · · ·	P	PAPA	· - - · ·
D	DELTA	- · · ·	Q	QUEBEC	- - - - ·
E	ECHO	·	R	ROMEO	- - -
F	FOXTROT	· · - · ·	S	SIERRA	· · ·
G	GOLF	- - · ·	T	TANGO	-
H	HOTEL	· · · ·	U	UNIFORM	· · -
I	INDIA	· ·	V	VICTOR	· · · -
J	JULIET	· - - - -	W	WHISKEY	· - -
K	KILO	- · -	X	X-RAY	- · · · ·
L	LIMA	- · · · ·	Y	YANKEE	- - - · ·
M	MIKE	- -	Z	ZULU	- - - · ·

**This is [name of boat]:** Used to identify you.

**Wait:** Indicates that you must pause but want the other station to continue listening and is followed by “wait out” to resume communication.

**I Spell:** Precedes phonetic spelling.

**Break:** Marks a change in the message.

**Word after (or before):** Points to a specific word.

**Silence (pronounced *see-lonce*):** Spoken by U.S. Coast Guard three times to keep routine traffic off an emergency frequency during a mayday situation. The state is maintained until lifted with “silence fini” (*see-lonce fee-nee*). –Bob Sweet *Compass*



# Spring checklist for boaters – Jason Gaydos Compass

Using a spring checklist for boaters like the one below will help you start the boating season on a positive note.

**Documents:** Review your license, registration, insurance and other important documents pertaining to your boat and trailer, and store them in a watertight bag or container.

**Life jackets:** Make sure each person has a properly sized [life jacket](#) in good condition with no rips or missing parts.

**Fire extinguishers:** Make sure onboard [fire extinguishers](#) are fully charged, properly mounted and the correct class for your vessel. Turn dry chemical extinguishers upside down to loosen the powder. Replace or refill expired units.

**Flares:** Replace outdated [flares](#), and keep old ones on board as spares.

**Charts and maps:** Review and update as necessary.

**Plugs:** Inspect and tighten drain plugs. Make sure rubber seals or gaskets haven't cracked or dried out in storage.

**Hoses and clamps:** Inspect and replace as necessary.

**Propellers:** Inspect for dings, pitting, cracks and distortion. Damaged props can cause unwanted vibration and drive train damage. Make sure connectors such as cotter pins are secure, and grip the prop to check for looseness. If the shaft is loose, consider replacing the bearing.

**Inboards:** Examine the rudderstock to ensure it has not been bent or compromised.

**Hull:** Inspect for blisters, distortions, cracks and compromised rivets.

**Water intake strainer:** Make sure your strainer is secure, unobstructed and corrosion-free.

**Large inboards:** Check the engine shaft and rudder stuffing boxes for looseness before and after launch. Make sure through-hulls don't leak.

**Outboards and outdrives:** Inspect outdrive bellows for cracks, dryness or deterioration, paying careful attention to the folds. Replace questionable bellows.

**Fluid levels:** Check all fluid levels, including engine oil, power steering and power trim reservoirs. Replace worn-out zincs.

**Control cables:** Inspect the outer jackets, and replace cables showing cracks, swelling, corrosion or deterioration.

**Fuel lines:** Inspect fuel lines, including fill and vent hoses, for softness, brittleness or cracking.

**Fuel tanks:** Check your tanks and pumps, and replace filters annually. Consider using a fuel stabilizer.

**Hoses:** Inspect cooling, exhaust and blower hoses and pipes for stiffness, rot and leaks. Make sure hoses are connected tightly; double clamp them if necessary.

**Electrical connections:** Inspect for cleanliness and tightness. Corrosion, especially on battery cables, could indicate a poor connection. Remove the terminals, and wire brush them along with the cable ends.

**Running and navigation lights:** Make sure all [running lights](#) work. Keep spare navigation bulbs on board.

**Emergency lights:** Inspect emergency lights and signal devices, and make sure you have spare batteries.

**Engine cutoff switch:** Ensure it's working properly.

**Bilge pumps:** [Check](#) for leaks and corrosion, and make sure the float switch works.

**Ropes and lines:** Inspect for damage, chafing and deterioration, and replace as necessary. Pay out and thoroughly inspect your anchor line. Keep lines untangled and coiled for ease of use.



**Libation of the month by:  
Recipe Haven**



## **Irish Stout Breakfast Delight**

**Irish Stout Breakfast Delight – A Decadent Morning Cocktail!**  
Wake up to indulgence with this rich and luxurious drink, blending whiskey, stout, and coffee flavors – perfect for brunch or evening relaxation.

- 📌 **Ingredients:**
- ✓ 45 ml Irish whiskey 🍷
  - ✓ 45 ml stout beer 🍺
  - ✓ 30 ml cold-brew coffee concentrate ☕
  - ✓ 15 ml coffee liqueur (Kahlúa or similar)
  - ✓ 15 ml cinnamon syrup (for a warm spice kick)
  - ✓ 7 ml cacao cream 🍫
  - ✓ Ice cubes 🧊
  - ✓ Chocolate shavings (for garnish)

- 1 Mix the Base
  - 1 In a cocktail shaker with ice, combine Irish whiskey, cold-brew coffee concentrate, coffee liqueur, and cinnamon syrup.
  - 2 Shake It Up
  - 1 Shake vigorously for 10-15 seconds until chilled.
  - 3 Pour & Layer
  - 1 Strain into a glass filled with fresh ice.
  - 2 Slowly pour stout beer over the mix to combine.
  - 4 Top with Cream
  - 1 Carefully float cacao cream on top using the back of a spoon for a layered effect.
  - 5 Garnish & Serve
  - 1 Sprinkle with chocolate shavings for an extra decadent touch.
  - 2 Serve immediately and enjoy the creamy, rich, and bold flavors!
- 🔥 Smooth, bold, and irresistibly indulgent – who's sipping on this today? 🍷 ☕ 🍺





## An Alternative to the Traditional Corned Beef and Cabbage

Continued on Page 9



### Traditional Irish Guinness Beef Stew

By Kimberly Killebrew

Experience the deliciously robust flavor of this world famous Irish Guinness stew! You can make it on the stovetop or in your slow cooker.

★★★★★ 4.91 from 257 votes



PREP TIME  
20 mins

COOK TIME  
2 hrs 30 mins

TOTAL TIME  
2 hrs 50 mins



COURSE  
Main Course

CUISINE  
Irish

SERVINGS  
6 servings



CALORIES  
533 kcal

#### INGREDIENTS

- 6 ounces bacon , diced
- 2 pounds beef chuck
- 3 tablespoons all-purpose flour
- 2 medium-large yellow onions , chopped
- 3 cloves garlic , minced
- 4 medium-sized firm yellow potatoes , (e.g., Yukon Gold), cut in 1-inch pieces
- 2 large carrots , chopped in 1/2 inch pieces
- 2 ribs celery , chopped in 1/2 inch pieces
- 1 large parsnip , chopped into 1/2 inch pieces
- 16 ounce bottle Guinness Extra Stout
- 1 cup strong beef broth (e.g., Better Than Bouillon, add an extra teaspoon or two)
- 2 tablespoons Worcestershire sauce
- 1/4 cup tomato paste
- 1 tablespoons dried and ground porcini mushrooms (optional and not remotely traditional, but oh so amazing)
- 1 teaspoon dried thyme
- 1 teaspoon dried rosemary
- 1 1/2 teaspoons salt
- 1/4 teaspoon freshly ground black pepper
- 2 bay leaves
- Salt and pepper to taste

## INSTRUCTIONS

1. Cut the beef across the grain into into 1-inch pieces. Sprinkle with some salt, pepper and the flour and toss to coat the pieces. Set aside.
2. Fry the bacon in a Dutch oven or heavy pot until done then remove it with a slotted spoon, leaving the bacon drippings in the pan.
3. Working in batches and being careful not to overcrowd the pieces, generously brown the beef on all sides. Transfer the beef to a plate and repeat until all the beef is browned.
4. Add the onions and fry them, adding more oil if necessary, until lightly browned, about 10 minutes. Add the garlic and cook for another minute. Add the vegetables and cook for another 5 minutes. Add the Guinness and bring it to a rapid boil, deglazing the bottom of the pot (scraping up the browned bits on the bottom). Boil for 2 minutes.

Return the beef and bacon to the pot along with the remaining ingredients and stir to combine.

(\*\*At this point you can transfer everything to a slow cooker if you prefer. Follow the remaining steps and then cook on LOW for 6-8 hours or on HIGH for 3-4 hours.)

Bring it to a boil. Reduce the heat to low, cover and simmer for 2 hours. Add salt and pepper to taste.

5. Serve with some crusty country bread or Irish soda bread. This soup is even better the next day.

## NUTRITION

Calories: 533kcal	Carbohydrates: 31g	Protein: 37g	Fat: 29g	Saturated Fat: 11g
Cholesterol: 123mg	Sodium: 1222mg	Potassium: 1459mg	Fiber: 6g	Sugar: 5g
Vitamin A: 3655IU	Vitamin C: 25.2mg	Calcium: 108mg	Iron: 8.3mg	



I've come to the conclusion, the bigger the Cheerio, the better it tastes.



In a world where you can be anything,  
be the person who ends meetings early



## 11–13 April 2024 District 6 Spring Conference Preview: Cuba Talk

ABC Flx members John Chesebrough and his wife, Artist Maggie Martin will be describing their sail trip to Cuba in 2019.

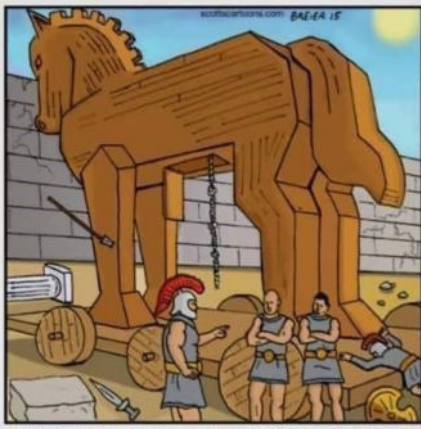
They traveled with permission from the US Dept. of State in cooperation with the Coast Guard as a ‘cultural exchange’ delivering art supplies and making paintings to exhibit in the US.

Leaving from the Florida Keys on their 1960’s 30’ Cheoy Lee Ketch “Contessa”, they spent a month on the island. It was a grand adventure, including a fraying fore stay, Cuban customs, and a storm at sea.

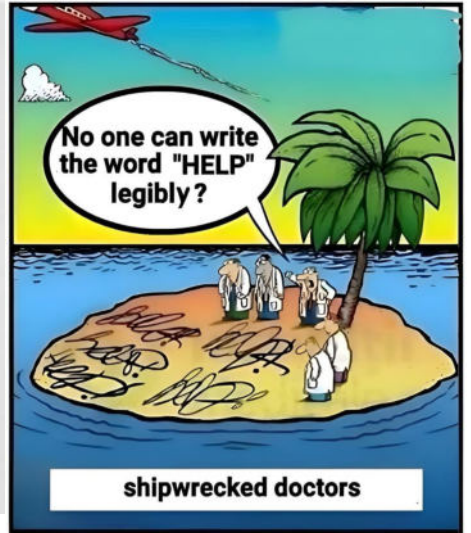




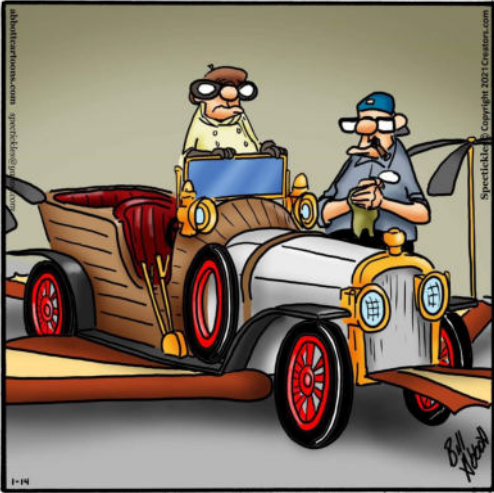
# MARCH TOONS

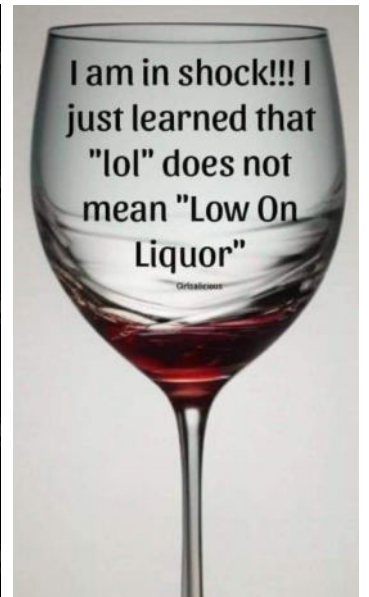
"Norton! McAfee! How did you NOT detect this as a threat? You're both useless, you know that?"



shipwrecked doctors



"You squeaked by with the chitty, chitty, but the bang, bang fails the emissions test."



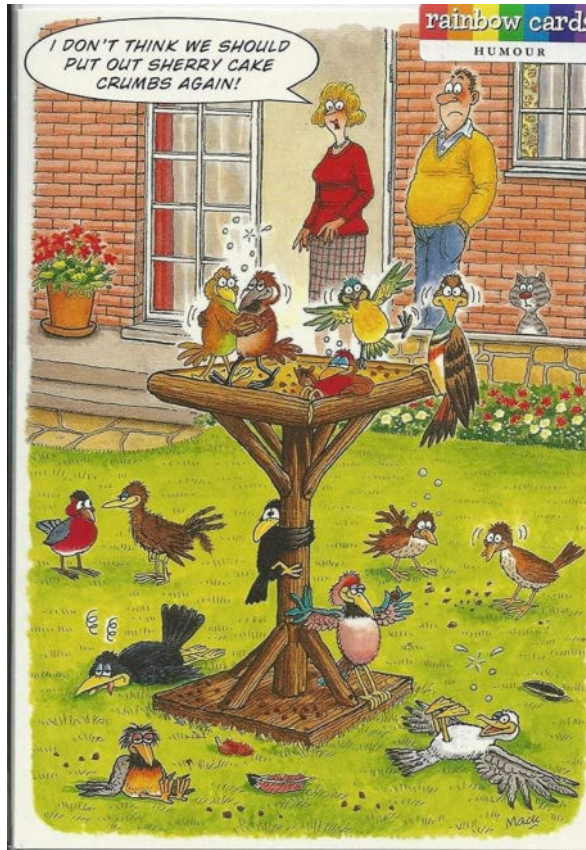
## PEARLS BEFORE SWINE By Stephan Pastis







The exact moment young Colonel Sanders conceived his secret recipe for fried chicken.



There's your problem, right there. You put the seeds in upside-down."

I put this old fridge outside with a sign saying free. Three days and nobody touched it



So I changed the sign to \$50, It was stolen that night

The man that invented the Ferris wheel never met the man that invented the merry go round. They traveled in different circles.

So I was in a shoe shop this morning trying on a shoe, I said to the assistant "It's too tight."

She said: "Try it with the tongue out."

I said: "It'th nho ghoo, itth thill thoo thight."



Just as the graveside service finished, there was a distant lightning bolt accompanied by a tremendous burst of rumbling thunder. The little old man looked at the pastor and calmly said, "Well, she's there and it's His problem now."

SUSQUENANGO SAIL & POWER SQUADRON  
C/O Michael Acciai  
3801 Country Club Road  
Endwell, NY 13760-2510