



Susquenango Sail & Power Squadron



SeaChest

Monthly Publication



March 13, 2016

March 2016

Volume 61, Issue 3

District 6

There's Still Time

Change of Watch and Founder's Day

19 March 2016

Saturday

Jonathan's

534 Hooper Road, Endwell, N.Y.

Cocktails 6:00 PM Dinner 6:45 PM

Cash Bar

\$28.95 Per Person - Tax and Tip Included

Appetizer

Entrées

Choice of Delmonico Steak, Chicken Piccata, or Stuffed Flounder
Baked Potato, Vegetables, Salad & Breads
Dessert
Coffee or Tea

Reservations: Linda Rought - 607/760-6388
Reservation/Cancellation Deadline - 14 March

Note: The restaurant will charge the squadron for the number of reservations made for our Founders Day event. Persons failing to cancel reservations prior to the deadline date will be expected to pay for their dinners.



Roster Changes

A new updated roster will be printed after Change of Watch. Please review the current roster and send any changes or corrections to Jack Young at jyoung6@stny.rr.com or mail to Jack Young, 8 Schiller St., Binghamton, NY 13905.

Be especially watchful for cell phone numbers, e-mail addresses, merit marks, grades and boat names.



March 17, 2016



March 20, 2016

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SeaChest



Published Monthly by
Susquenago Sail & Power Squadron Inc. a unit of the United States Power Squadrons
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Education Officer.....	Lt/C Leslie J. Smith, AP	(797-7391)	P/Lt/C Donna M. Gould	(258-0023)
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Address communications to **The Editor, 8 Schiller St. Binghamton, NY 13905-3931**, (607)729-4205, e-mail - jjyoung6@stny.rr.com. Material for a particular issue must be received before the fifteenth day of the prior month.

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Commander's Column



It is hard for me to believe that it has been nearly a year since I became your Commander. This has been a busy, but a rewarding experience for me thanks to the help and involvement of our great Executive Committee and active members. I look forward to continue working with everyone this upcoming year on our core principals of boating education and related social activities for our members.

How to inform and appeal to new boaters, old timers, fisherman, hunters, youngsters, and paddle craft boaters, is our primary goal. Bringing our Squadron's mission to these groups is the challenge and is important for increasing our membership. This is the time to reflect on what we do and expect to do as we all get ready to enjoy the activities of the coming boating season. Help us spread the message: We are the premier boating organization, helping people make their

boating experience more enjoyable and safer.

The learning experience has changed in the digital age with on-line instruction affecting classroom course attendance. Electronic navigation and internet information sources now dominate our boating and personal experience. However, there are still on-the-water skills to be learned. Operating a vessel safely with confidence requires hands-on practice and instruction. Using electronic means to supplement the on-the-water training is now on the horizon and becoming available to our Squadron.

Education is only one of our important venues. We also enjoy getting together with family, friends, and members for social and on-the-water activities. Many interesting events are planned for this year. To name two: the D/6 Finger Lakes Rendezvous in July and our own unique Squadron Rendezvous while witnessing the tall ships review in September. (See the article in this SeaChest)

Our Change of Watch is coming soon and I invite you to please join us on Saturday, 19 March, at Jonathan's Restaurant in Endwell. Please contact Linda Rought (760-6388) by 14 March, if you can attend.

Come to a meeting and share your ideas and experiences with other squadron members. The boating season is fast approaching and we will soon be on the water again.

Warmest Regards,

Dave

Commander David Olds, AP



On the Horizon Susquenago Events

19 March	Change of Watch & General
Saturday	Membership Meeting
6:00 PM Cocktails	Jonathan's
6:45 PM Dinner & Meeting	Endwell, NY

District Events

15 -17 April	District 6 Spring Conference
	Holiday Inn-Auburn-Finger Lakes
	75 North St. Auburn, NY

Seasickness

"What can you say about Seasickness? Not much when you're seasick."

By Bob Pone

The sport of yachting must have been invented by a Dutchman. According to a 1992 Forbes Magazine story on the America's Cup competition, the word "yacht" comes from the Dutch verb "jacht." The translation means "to throw up violently."

Seasickness is caused when the minute inner ear organs that enable a human to balance are disturbed by the motion of the boat swaying and pitching. This movement sets off alarm signals to the brain causing nausea, headache, dizziness, and sometimes vomiting. This condition can be intensified by the lack of fresh air and inactivity. It can also be a person's worst nightmare at sea.

Seasickness affects many people to varying degrees - even sailors with years of experience. Looking on the bright side, the body adapts after time.



Fortunately, several remedies can be taken before setting sail. Pills can be obtained over the counter which help most people by sedating the balancing organs. The pills can cause drowsiness and should be taken with care. Some people find special wrist bands effective. There are also stick-on patches that can be worn on the skin behind the ear, but these are obtained by doctor's prescription only.

You can often avoid seasickness by staying busy and keeping your mind occupied by taking over the helm or any other activity that will keep you above decks. Look at the distant horizon rather than the water close at hand. Take deep breaths and drink plenty of water. The worst thing that a person can do is go below decks with no land or horizon to look at. Reading or staring at an object will assuredly bring on the affects of seasickness.

If you are seasick and can't bear it anymore, lie down on your back with your eyes closed. This will greatly reduce the affects.

Bottom line - if your eyes see what your ears are feeling, you will certainly have a better chance of a great day sailing.

Excerpted from "BoatSafe.com"

Mark Your Calendar

15 -17 April District 6 Spring Conference
 Holiday Inn-Auburn-Finger Lakes
 75 North St. Auburn, NY

Room Reservation Deadline: 18 March 2016

If you are planning to attend, contact Commander Dave Olds (669-4482)

Susquenago Sail & Power Squadron Winter 2016 Class Schedule

Course	Start Date	Number Sessions	Person Responsible/Phone
ABC³ Public Safe Boating Must attend all sessions	25 April 7 to 9 PM	Monday	Les Smith 797-7391
	30 April 8 AM to 4 PM	Saturday	
	02 May 7 to 9 PM	Monday (Final Exam)	Ken Boll 757-0072

All classes are held at the Johnson City High School Main Cafeteria



Susquenango Rendezvous - Tall Ships™ Festival
Save the dates:
16-18 September 2016

Banking on the success of last year's September get-together in the Thousand Islands, we are working on plans for our Squadron rendezvous to be there again this year. This time we have planned our event to coincide with the *Tall Ships™ Festival*. This is a fantastic opportunity to see these spectacular ships up close and also enjoy festivities on both sides of the border. We will have a more specific itinerary when we get a little closer to September.

Tall Ships™ Brockville, Canada is the last port of call for the Tall Ships America Great Lakes Tour 2016 with ships arriving from Friday September 16 to Sunday September 18 at the Brockville waterfront on the St. Lawrence River. These majestic ships will recreate the magic again for visitors to witness en masse the *Parade of Sail* of all ships passing along Block House Island prior to their dock arrival on Friday afternoon. The ships will provide boarding for deck tours on both Saturday and Sunday with offerings for both sail out cruises and dinner charters on selected ships. The number of ships and the potential appearance of a naval vessel is under negotiation.

Other offerings include nautical demonstrations, competitions, vendors, entertainment, instructional seminars, re-enactments, historic encampments and evening fireworks.

Be sure to have your passport or Enhanced NYS Driver's License with you. Either one of these will grant you entry into Canada.



February Meeting
at Brothers 2



Understanding the Origins

This article appeared in a very old Ensign magazine. It explains the reason for many of the nautical terms that we use today and question the derivation. Although I've seen other sketches and read other explanations I consider this to be the easiest to understand.

Origins

I am always on the lookout for derivations of nautical terms, so I was delighted to come across this sketch in an ancient tome, as it portrays the origins of several.

We all know that the right side of a vessel is called *starboard*, but do you know why? Picture the ship's helmsman steering by means of a long sweep, which was usually on the right side. Rudders were down the road—many centuries away. This sweep was called a *steering board*, which became *steerboard* and then *starboard*. Our skipper was not about to risk reducing his steering board to kindling on the stone piers, so he always presented the left side to the *port*.

The Romans had gods for everything. Every crossword puzzle aficionado knows that their household god was *Lar*. They also had one for

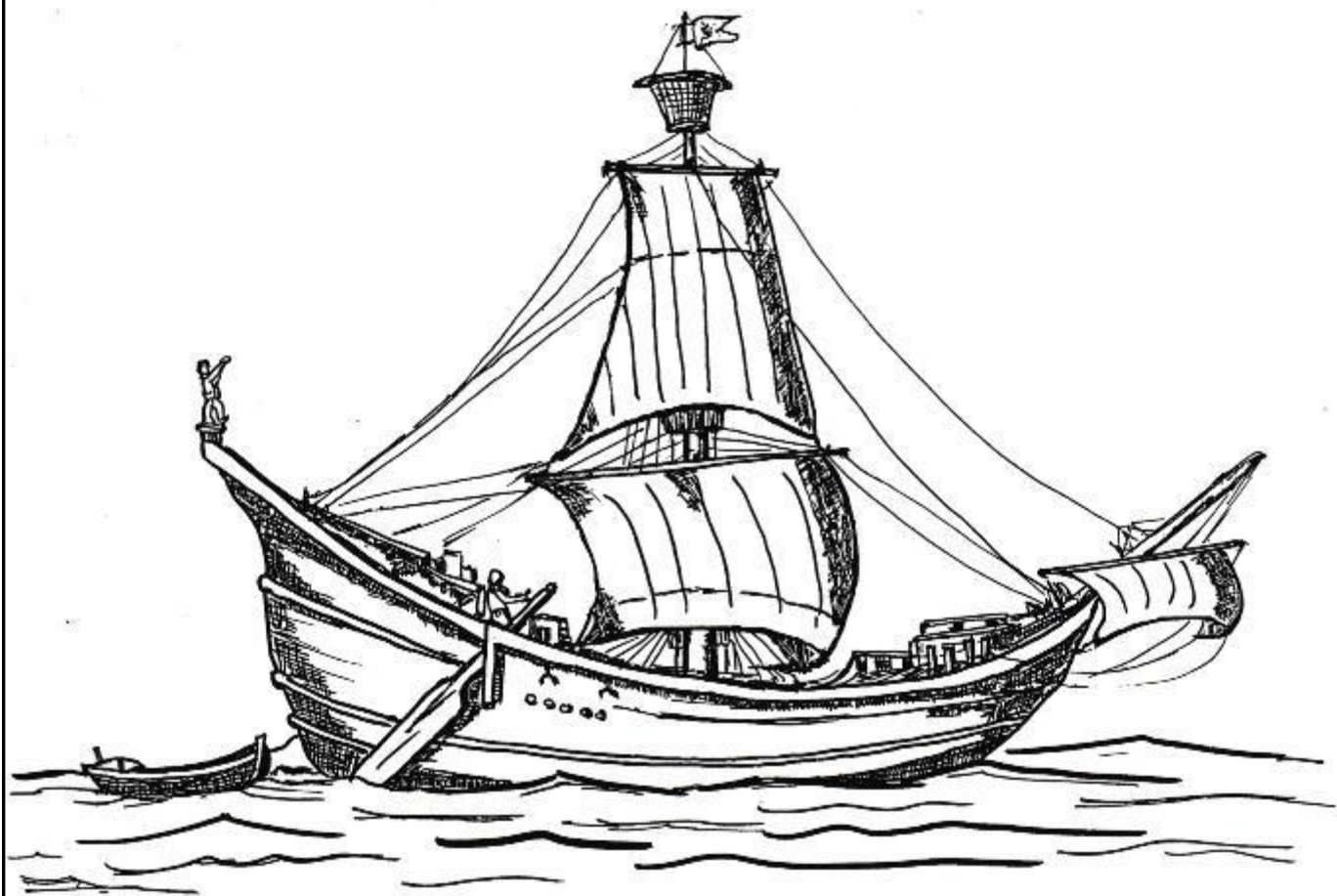
their ships, and it was called *Pupa*. Its image was always accorded a position of honor at the highest place in the stern of the ship. If you look closely, you can see the little guy waving from his lofty perch. The highest stern deck thus was called the *pupa deck*. Need I say more?

Sanitary operations were always taken care of at the head of the ship—note that it's the downwind end! To call the facilities "primitive" is definitely an understatement. Even to this day, a marine latrine is still called a *head*.

We call that little boat tagging along behind a *dinghy*. But did you know that this is a Hindu word for the small boats used on the Ganges River?

And finally, about that basket at the mast-head—it says, "I'm just a humble merchant-man trying to make an honest living. Ain't mad at nobody, so please leave me alone!"

P/C/C Harold E. Spoelstra, N
Portland (OR) Squadron



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